



WINCHESTER'S ECO FESTIVAL 2008

PLEDGE TO COMMIT!

Now is the time to convert education into action. Sustainable Winchester and Family Action Network (FAN) ask you to take one or more actions to promote a more sustainable Winchester. The goal of these steps is to reduce Winchester's emissions of greenhouse gases that cause global warming. Collectively, we can make a difference and cool down our planet!

Below are suggestions. If you have your own idea, you can do that too. If you give us contact information, we can send you a friendly reminder.

Submit a completed Pledge to Commit form, and you'll be entered into our Eco Festival raffle. There will be a total of 11 prizes! Prizes include:

REI products such as **Acumen ecoSensitive Pack** (\$75 value) **eco friendly products** donated by the Rotary Club, and a **free comprehensive residential energy audit** (donated and conducted by Fred Yen and George Wood of Winchester's Energy Management Committee).

Limited to one entry per household.

PLEDGE INFORMATION:

Name: _____

Address: _____

May we contact you to send a friendly reminder about your pledge?

Email (preferred): _____

or

Telephone: _____

- Add my email address to the Sustainable Winchester mailing list.
- Don't add me to any mailing list, besides a reminder.



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I PLEDGE TO TAKE ONE OR MORE OF THE FOLLOWING ACTIONS:

Check as many as apply:

- Go on a Low Carbon Diet.** The Low Carbon Diet is a program designed to help you lose 5,000 pounds of carbon emissions. The Diet has a detailed menu of step-by-step actions. For more information and to order a Diet workbook, see massclimateaction.net/low-carbon-living/your-carbon-footprint.html. Mass Climate Action also has a table at the Eco Festival.
- Take an Energy Audit.** Have an energy audit conducted of your residence and implement one of the suggested actions. The assessment may be free, and you may qualify for a rebate of up to \$1,500 for investing in recommended energy efficiency improvements. Go to www.masssave.com or call MassSave at 1-800-632-8300 to learn more.
- Update Your Inefficient Equipment.** Newer appliances, windows, and heating equipment are more efficient. Consider purchasing "Energy Star" appliances and heating equipment to replace older, inefficient equipment. There may also be rebates and incentives for the purchase of certain equipment. For more information, go to www.masssave.com and www.energystar.com.
- Replace Light Bulbs.** Replace at least four conventional light bulbs with compact fluorescent bulbs. This action may save you \$190 over the life of the bulbs if you replace your most-used bulbs. See the Live Cooler exhibit for more information.
- Recycle.** Recycle your paper, glass, cans, and plastic for at least one month if you do not already do so. Recycling will save energy and save the Town money in disposal fees.
- Adjust Your Thermostat.** Turn down your thermostat in the winter and raise your thermostat in the summer. During the winter, set your thermostat for 65-68 degrees during the day and 55-58 degrees at night.
- Use Organic Landscaping.** Convert to organic lawn and tree care if you currently use conventional lawn and tree care now. Get information about organic landscaping at the Eco Festival.
- Reduce Your Red Meat Consumption.** Eat one or two fewer red meat meals per week for a month. Red meat has a high carbon load compared to other protein sources. Eat locally if possible.
- Use Renewable Energy.** Sign up for NSTAR's Green Program that lets you consume renewable electricity for a small monthly surcharge. Also, investigate whether solar power or a solar water heater works for your residence. See www.mtpc.org for more information.
- Unplug It.** Turn your appliances all the way off. A number of appliances, such as TVs and DVD players, "leak" electricity even when turned off. Plug such appliances into a power strip and turn off the power strip.
- Seal It Up.** Seal air leaks in the house. Seal and caulk air leaks around doors, windows, chimneys, and electrical outlets.
- Use Less Hot Water.** Reduce hot water shower use. Heating hot water for showers can use considerable amounts of energy. Consider taking five minute showers and using a low-flow shower head. Also, use cold water for your laundry.

Other: _____